

## Why Create a Timebank?

A timebank matches your skills and talents with needs in the neighborhood.

Through a timebank we:

- get to know our neighbors
- support and care for one another
- build a sense of community
- affirm one another's contributions
- increase personal savings and wealth
- promote equality and social justice

A timebank helps us work together for the common good.

## What Is a Timebank?

A timebank is a system that helps people share services with one another. As a member you earn a time dollar by doing a service for someone else. The time dollar you earn is "stored" in the timebank. You can spend time dollars by asking another member to do something for you. Look inside to see some examples of how it might work.

Joining the timebank is FREE. The only requirement is a willingness to participate.



## Timebank Core Values

### Assets:

Every human being has something to contribute.

### Reciprocity:

We serve others and let others serve us.

### Respect:

We listen to and are accountable to one another.

### Social Networks:

By helping one another other, we build communities of support, trust, and strength.

### Redefining Work:

All kinds of work needs to be honored and rewarded.

## Timebank Information Dinners

2nd and 4th Wednesdays of each month  
6:00-7:30 PM

Hope Reformed Church  
2010 Kalamazoo Ave SE  
Grand Rapids, MI 49507

616-241-3421

## Contact Us!

*For more information, or to join the timebank:*

**Timebank Grand Rapids**  
c/o Oakdale Neighbors  
1260 Kalamazoo SE  
Grand Rapids, MI 49507

616-248-2848

[timebank@oakdaleneighbors.org](mailto:timebank@oakdaleneighbors.org)  
[www.oakdaleneighbors.org/timebank](http://www.oakdaleneighbors.org/timebank)



*Building Community One Hour at a Time*

## Giving and Receiving

- Advocacy
- Arts & Crafts
- Budgeting
- Car Repair & Maintenance
- Car Wash
- Child Care
- Clerical
- Companionship
- Computer Help
- Cooking
- Dog Walking
- Editing
- Errands
- Garden/Yard Work
- Haircuts
- Hauling Stuff
- Home Repair
- Home Visiting
- Housekeeping
- Interpreter Services
- Ironing/ Laundry
- Jewelry Making
- Language Translation
- Mending & Alterations
- Moving Assistance
- Music Lessons
- Pet Care
- Phone Calling
- Planning a Party
- Résumé Help
- Rides
- Shopping
- Snow Shoveling
- Tax Help
- Tutoring
- Website Design

## How Does the Timebank Work?



Jovan cleans Jose's carpeting. Alicia spends a time dollar by asking Jose to help her move some boxes.



Alicia earns a time dollar by working in Mary's garden.



Mary helps Tim care for his father. Tim drives Tanya to the store.



Tanya earns a time dollar by repairing Jovan's roof.



## It's about Time!

A time dollar is a new kind of money based on time. You earn one time dollar for each hour that you spend providing a service for another member. Your time dollars are recorded in the timebank.

**What can I do with my time dollars?** You spend your time dollars by asking other members for help: a ride to the store, childcare, basic home repair, or other services.

**Who can earn time dollars?** Anyone is welcomed to join the timebank and earn time dollars: those who are working, unemployed, disabled, elderly, teenagers, single parents, business people.... Age, income, and mobility are not barriers to joining the timebank. We all have something to offer.

**How much time is required of me?** You can participate as much as you are able. Some members are busy people who help others as they go about their regular routines.